



# Strategies for Growing High-Quality Herbs

By Kellie Walters, Ph.D.  
Department of Plant Sciences  
University of Tennessee





# Outline

Production Goals

What to grow?

Propagation

Nutrient Solution

Growing Environment

Temperature

Light

# Why culinary herbs?

Popularity

Production

Postharvest



# Production Goals

Aesthetically pleasing  
Quick production time  
Good flavor



Basil  
Thyme  
Rosemary  
Parsley  
Mint  
Tarragon  
Dill  
Oregano  
Chives  
Sage  
Chervil  
Lemongrass  
Sorrell  
Watercress



# Cultivars

Flavor type

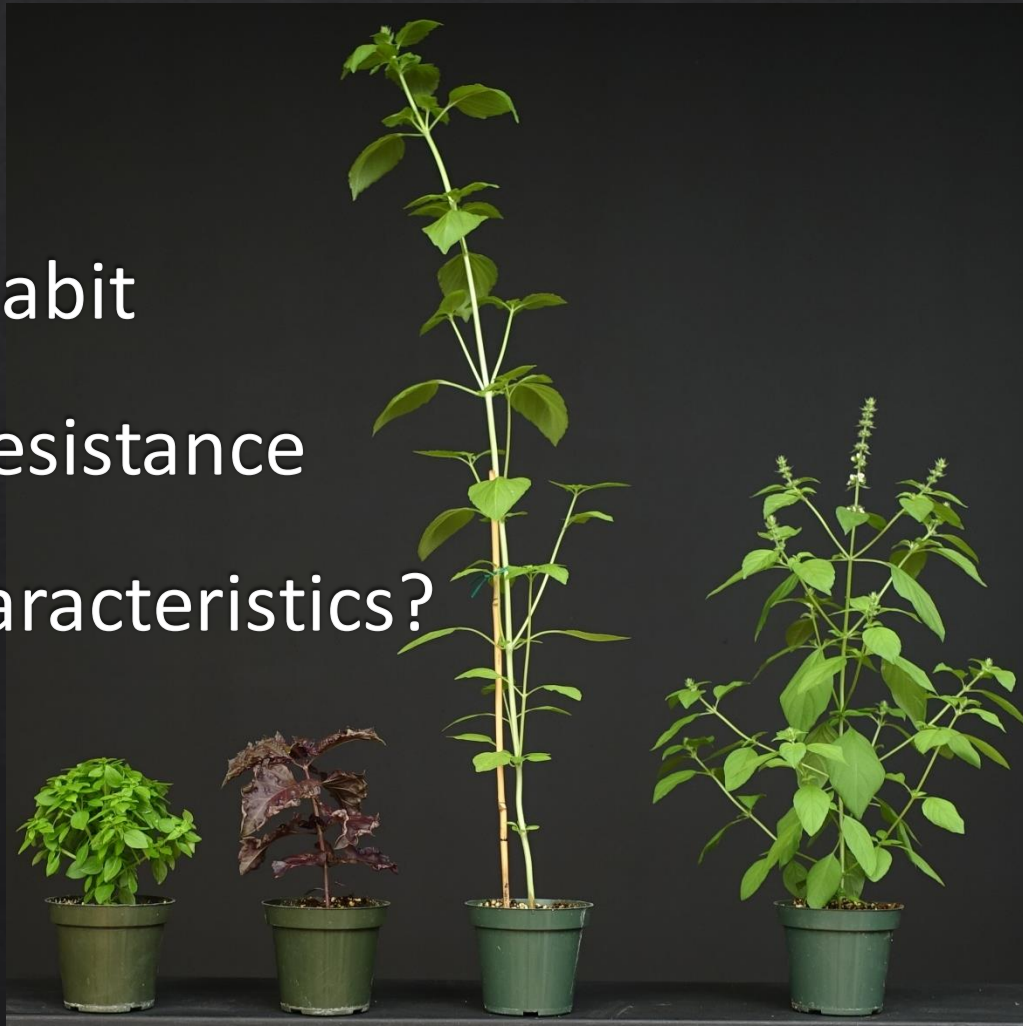
Color

Leaf size

Growth habit

Disease resistance

Other characteristics?



Sweet basil (*Ocimum basilicum*)



Purple basil (*O. basilicum*)



Large-leaf basil (*O. basilicum*)



Cinnamon basil (*O. basilicum*)



Thai basil (*O. basilicum* var. *thyrsiflora*)



Bush basil (*O. basilicum* var. *minimum*)



Holy basil (*O. tenuiflorum*)



Lemon basil (*O. basilicum* and *O. ×citriodorum*)



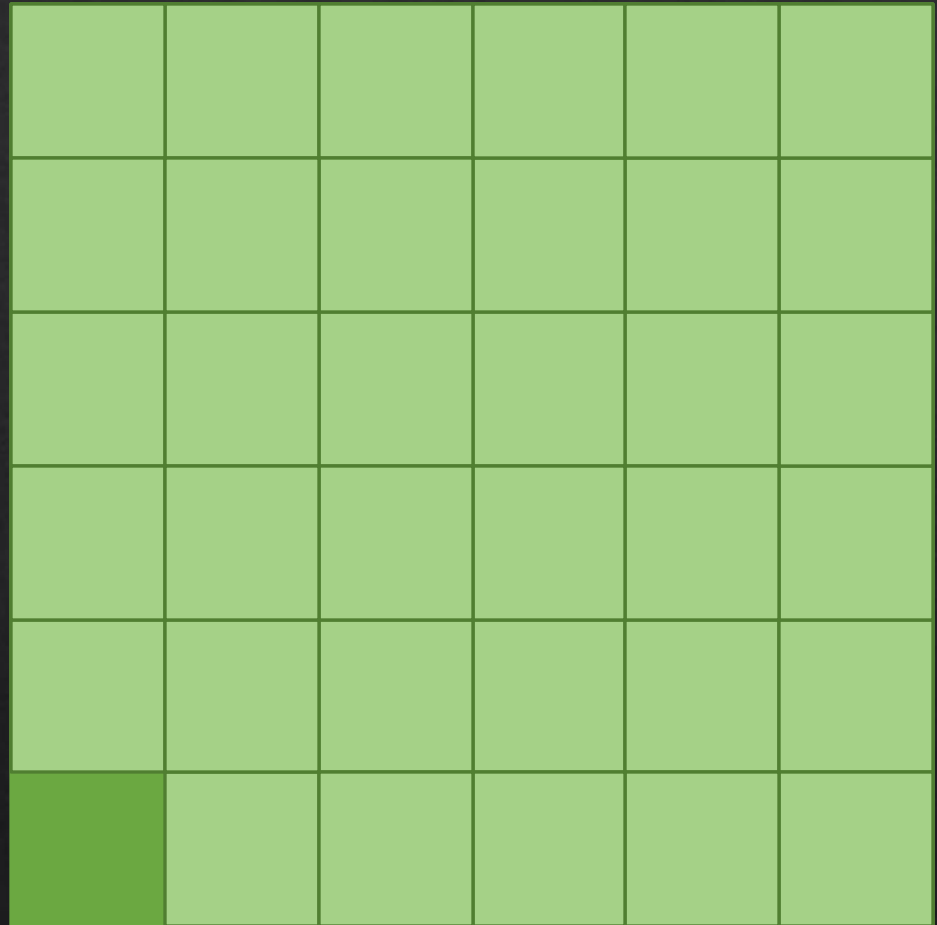
# Cultivar Selection

Cultivar	Fresh mass (g)	Dry mass (g)
Italian Large Leaf	50.6 ab	4.2 ab
Nufar	43.7 bc	3.6 b-d
San Remo	35.5 c-e	3.0 c-e
Napoletano	34.9 c-e	2.8 c-f
Genovese	34.3 c-e	2.7 c-f
Dwarf Bush	33.4 c-f	2.6 c-f
Super Sweet Chen	33.1 d-f	2.6 ef
Aroma 2	30.4 d-l	2.7 ef
Cinnamon	30.0 d-l	2.5 e-h

Cultivar	Fresh mass (g)	Dry mass (g)
Plenty	29.6 d-j	2.3 e-j
Dolly	22.6 g-l	1.8 f-k
Superbo	22.1 h-l	1.8 f-k
Genovese Compact	20.6 i-m	1.5 j-m
Genovese Compact	20.6 i-m	1.7 g-l
Genovese Compact	17.6 k-n	1.5 i-m
Genovese Compact	17.0 k-n	1.4 k-m
Christmas	15.9 l-n	1.3 k-n
Emily	15.0 l-p	1.3 k-n


**x 3.4**

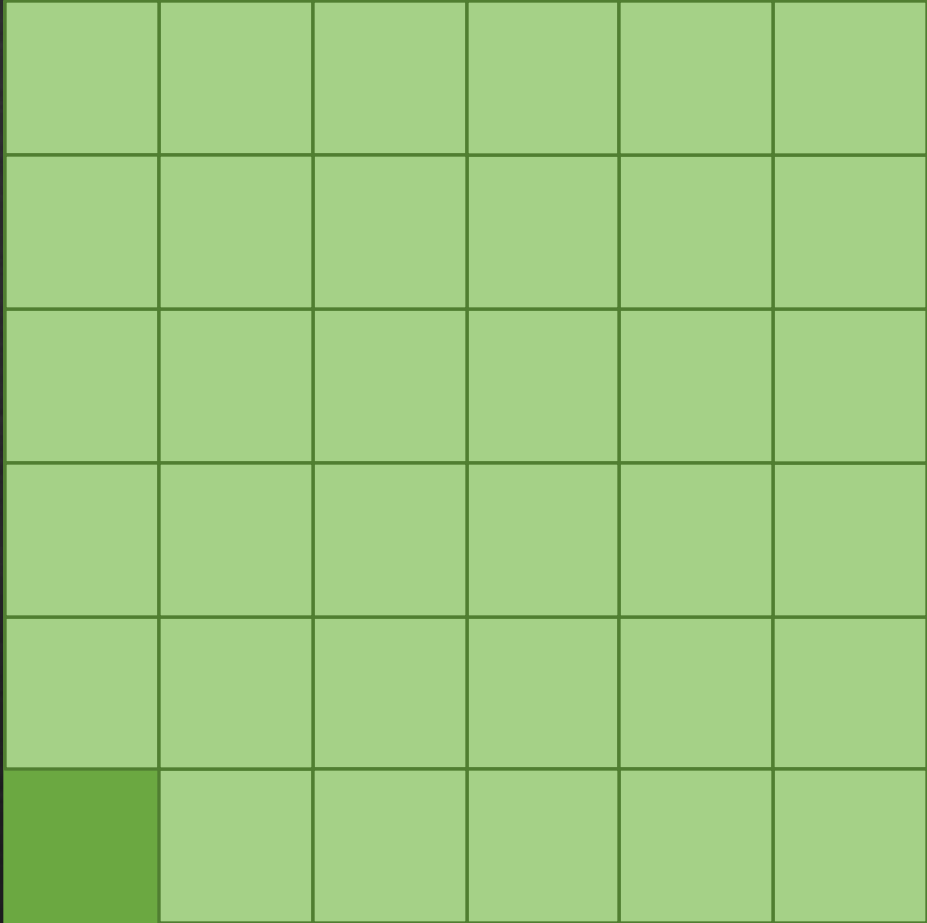
# Seedling Production vs. Finishing





# Seedling Production vs. Finishing

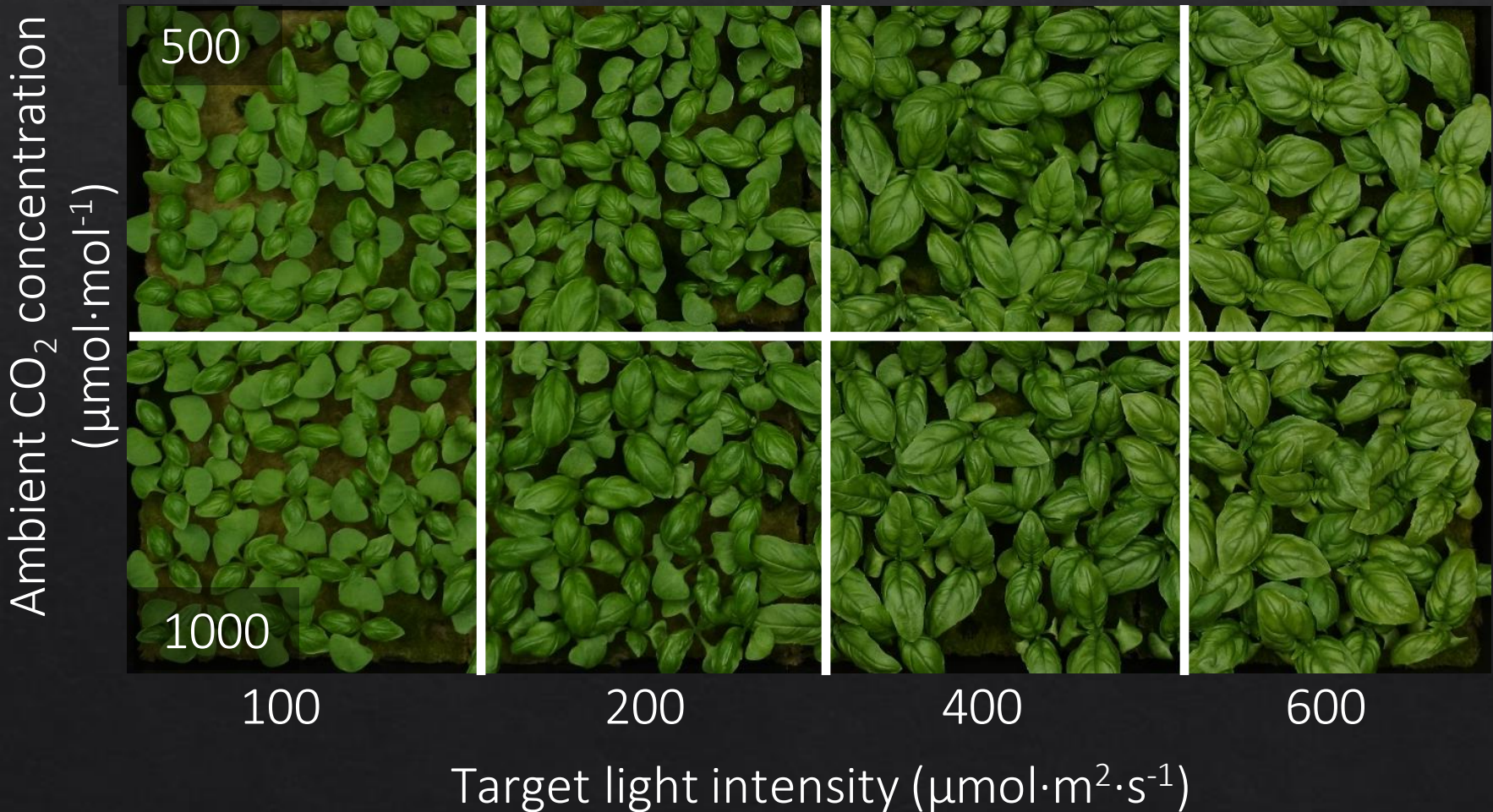
 54x  
2 weeks



3 weeks

# Sweet Basil 'Nufar'

2 weeks after sowing



# Sweet Basil 'Nufar'

2 weeks after sowing

Shoot fresh mass (g)



100

200

400

600

Target light intensity ( $\mu\text{mol}\cdot\text{m}^2\cdot\text{s}^{-1}$ )

# Sweet Basil 'Nufar'

3 weeks after transplant

Seedling target light intensity ( $\mu\text{mol}\cdot\text{m}^2\cdot\text{s}^{-1}$ )

100

200

400

600



32



39



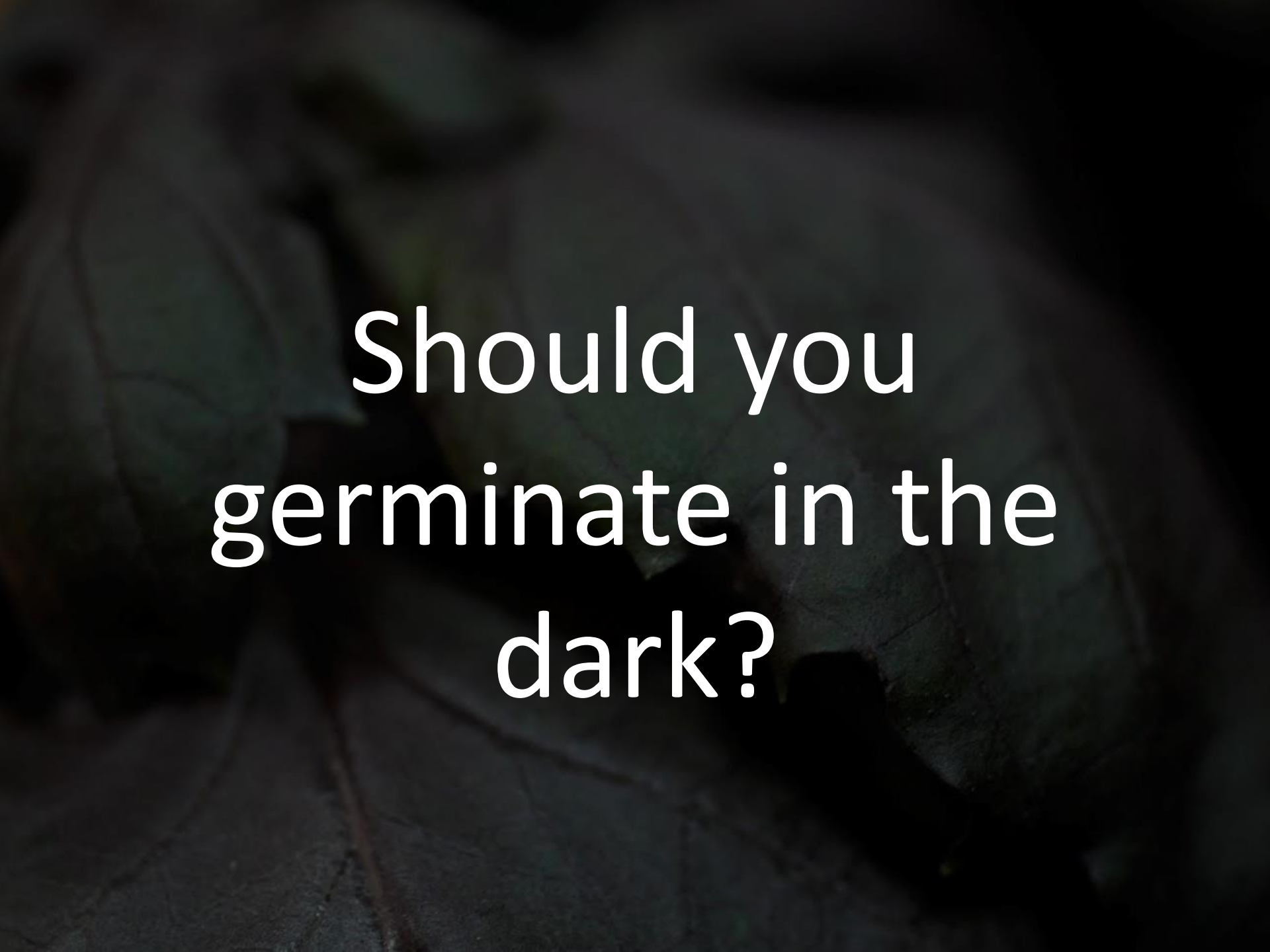
54



58

Fresh mass (g)

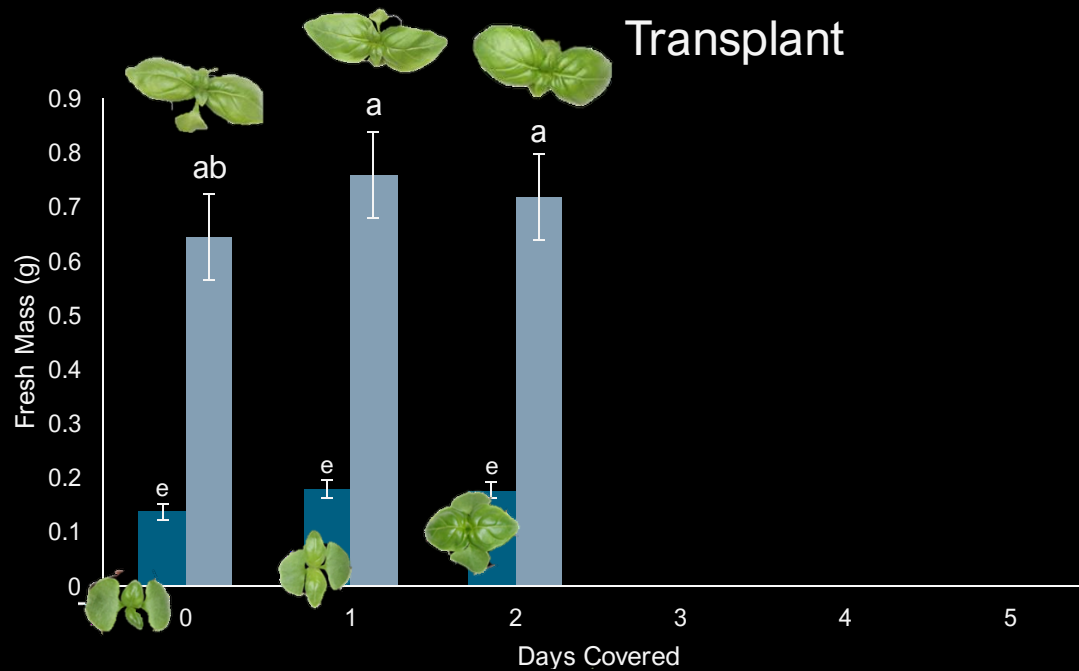
# 80% increase



Should you  
germinate in the  
dark?

# Sweet Basil 'Italian Large Leaf'

2 weeks after sowing



- 0 – 2 days = similar mass
- No affect under low light
- Mass trends persisted through finishing in a common environment

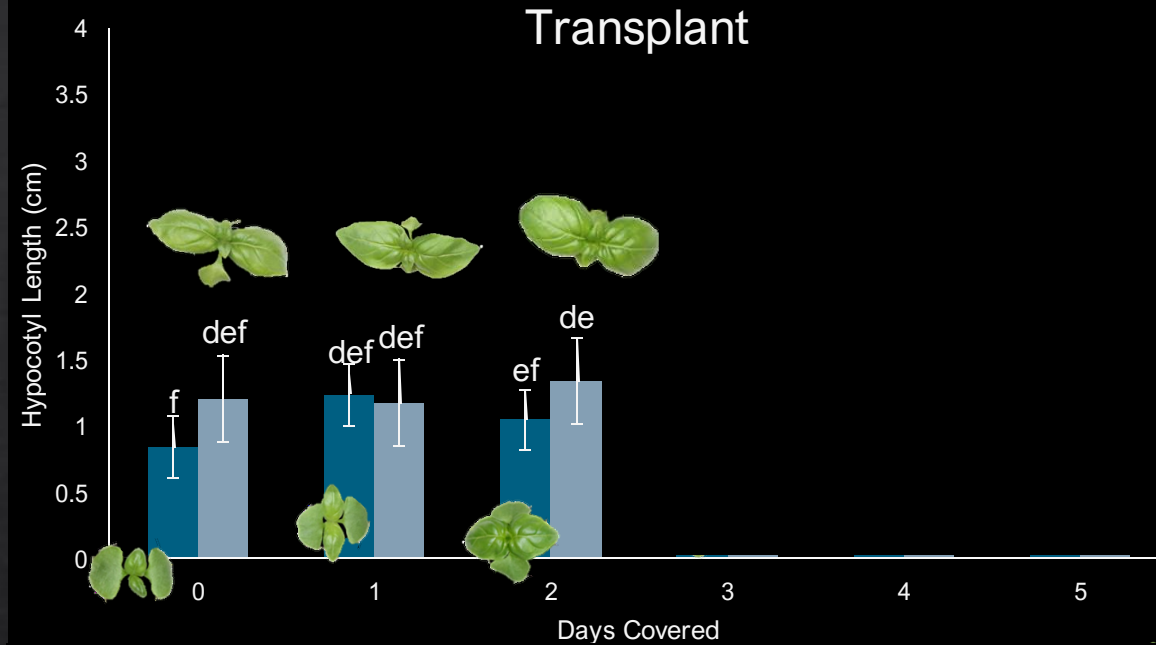
200  $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$   
(DLI 11.8  $\text{mol}\cdot\text{m}^{-2}\cdot\text{d}^{-1}$ )

800  $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$   
(DLI 46.8  $\text{mol}\cdot\text{m}^{-2}\cdot\text{d}^{-1}$ )

(Del Moro and  
Walters,  
Unpublished)

# Sweet Basil 'Italian Large Leaf'

2 weeks after sowing

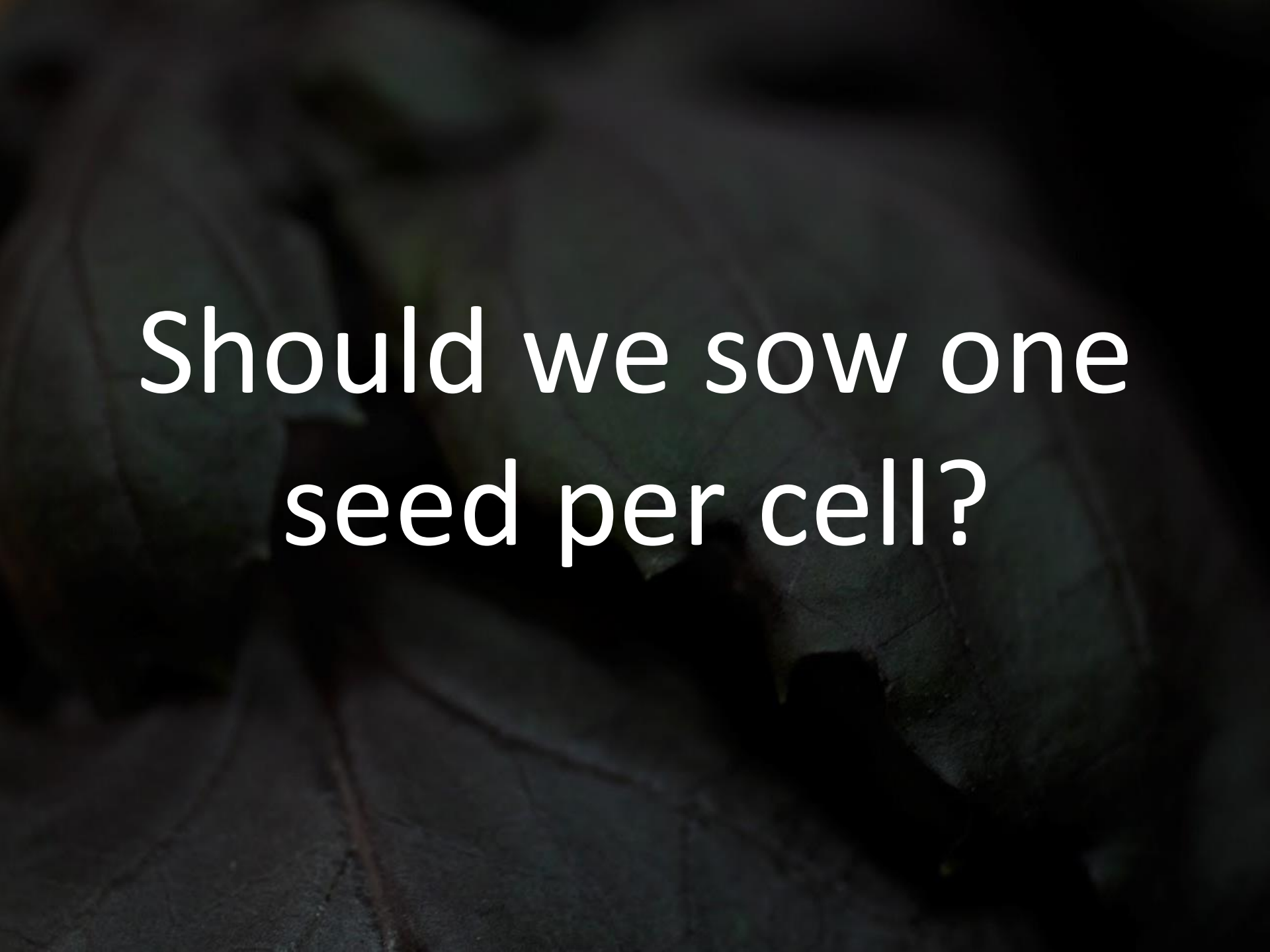


- 0 – 2 days = similar stretch
- Increased legginess when covered longer
- Hypocotyl length trends persisted through finishing in a common environment

**200  $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$**   
(DLI 11.8  $\text{mol}\cdot\text{m}^{-2}\cdot\text{d}^{-1}$ )

**800  $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$**   
(DLI 46.8  $\text{mol}\cdot\text{m}^{-2}\cdot\text{d}^{-1}$ )

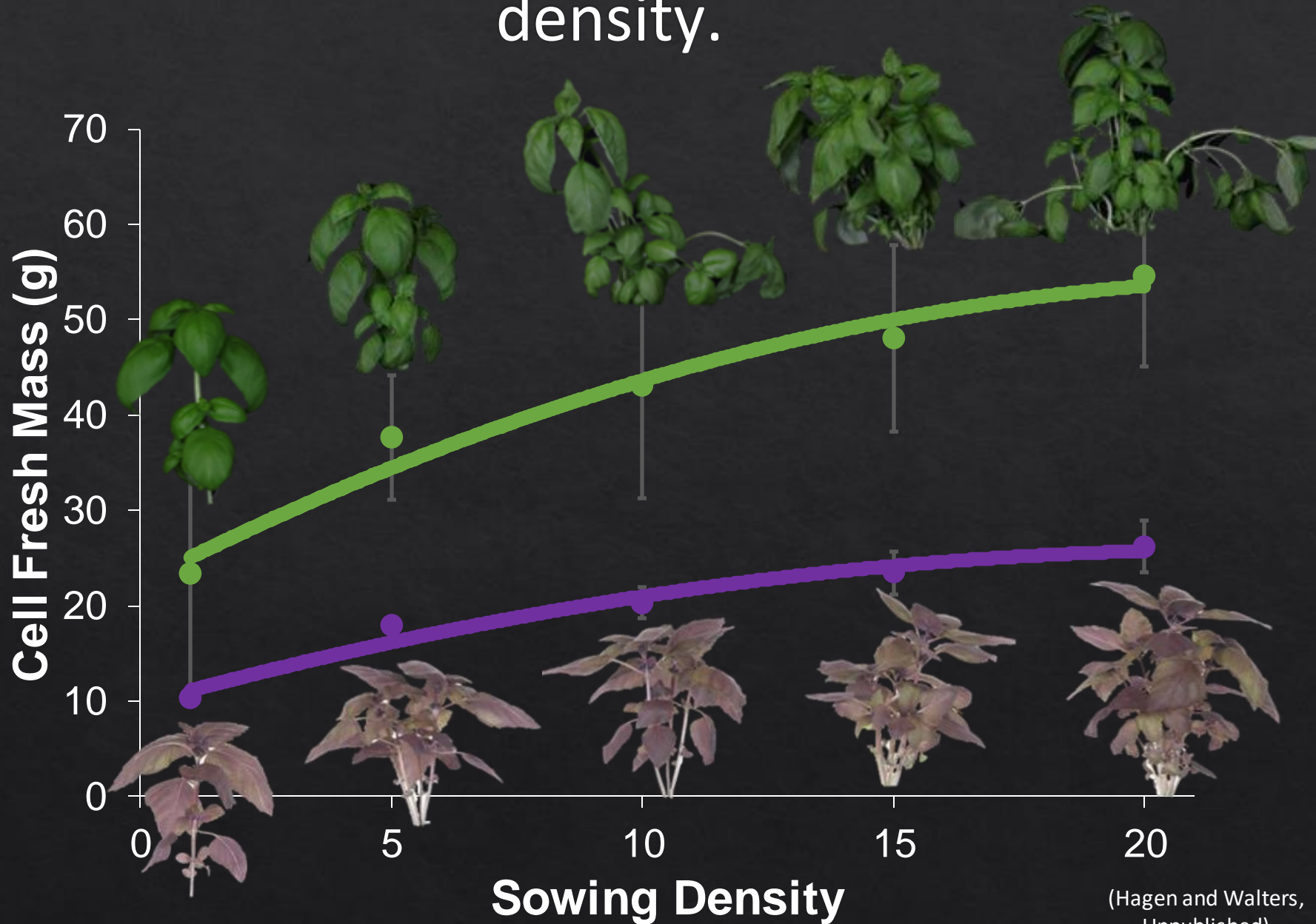
(Del Moro and  
Walters,  
Unpublished)



Should we sow one  
seed per cell?



# Cell fresh mass increases with increased sowing density.



(Hagen and Walters, Unpublished)

# Leaf:Stem dry mass ratio decreases with increase density, reducing quality



# Basil planting density: Balancing yield and crop quality

The image features three basil plants against a dark background. The plant on the left is tall and dense with many small, vibrant green leaves. The plant in the center is shorter and has fewer, larger, rounded leaves. The plant on the right is also shorter and has fewer, larger, rounded leaves, with one leaf showing a distinct yellowish-green discoloration. The text 'Nutrient Solution Concentration' is centered in white, sans-serif font.

# Nutrient Solution Concentration

# Fresh mass (g) of *Ocimum basilicum* 'Nufar'

Electrical conductivity ( $\text{dS}\cdot\text{m}^{-1}$ )

0.5

1.0

2.0

3.0

4.0

Low DLI



12.6

High DLI



30.5

# Electrical conductivity ( $\text{dS}\cdot\text{m}^{-1}$ )

0.5

1.0

2.0

3.0

4.0

Cilantro



Parsley

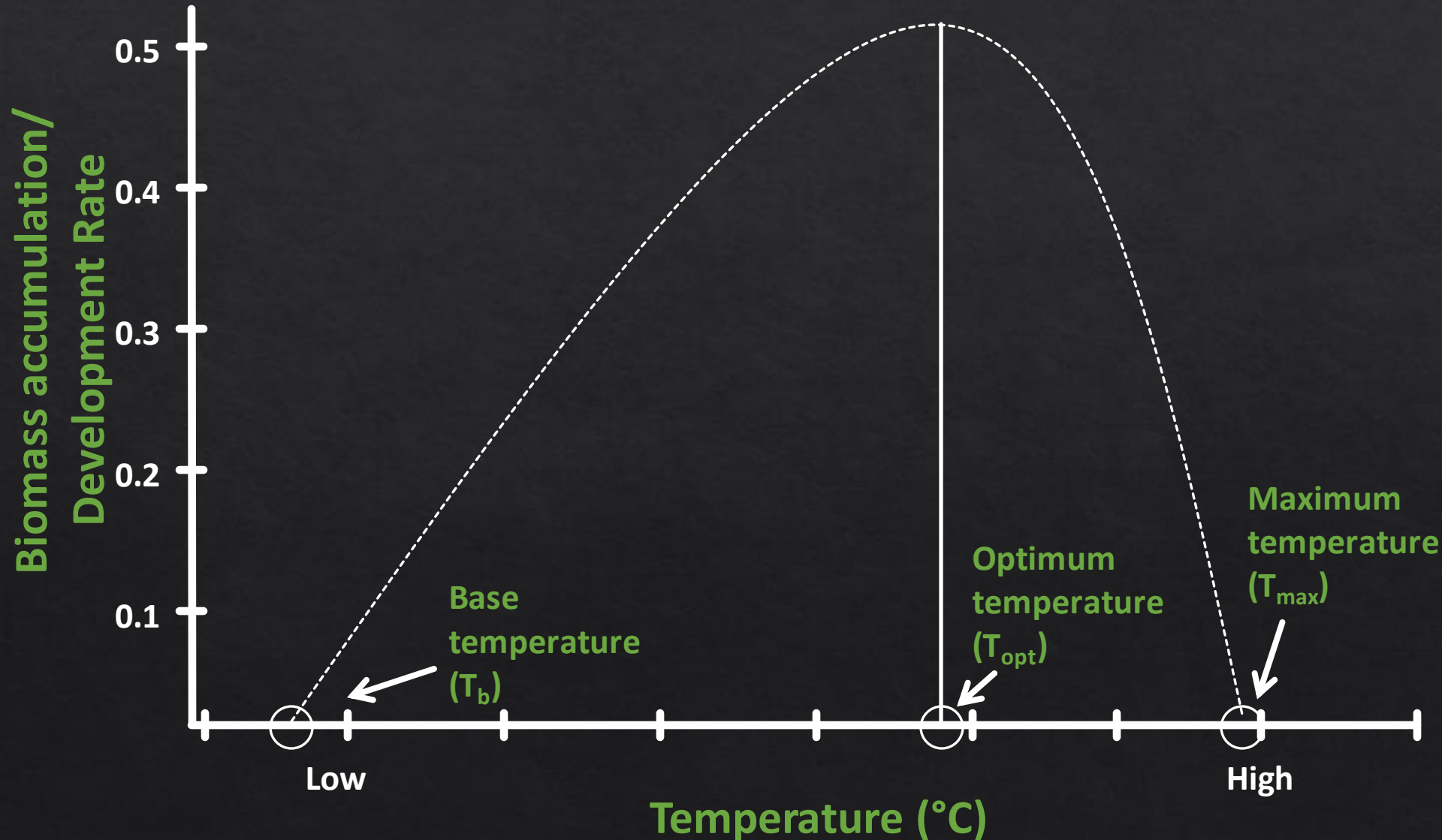


Dill



(Currey, Walters, and Flax, 2019)

# Temperature Response Curve



# Sweet basil 'Nufar'

Temperature (°F)

52

63

73

84

95





# Lemon basil 'Lime'

Temperature (°F)

52

63

73

84

95



# Holy basil

Temperature (°F)

52

63

73

84

95



Temperature (°F)

52

63

73

84

95

Cilantro



Cilantro



Stevia



Temperature (°F)

52

63

73

84

95

Parsley 'Giant of Italy'



Dill 'Fernleaf'



Marjoram



(Currey, Walters, Smith, unpublished)

Temperature (°F)

52

63

73

84

95

Lovage

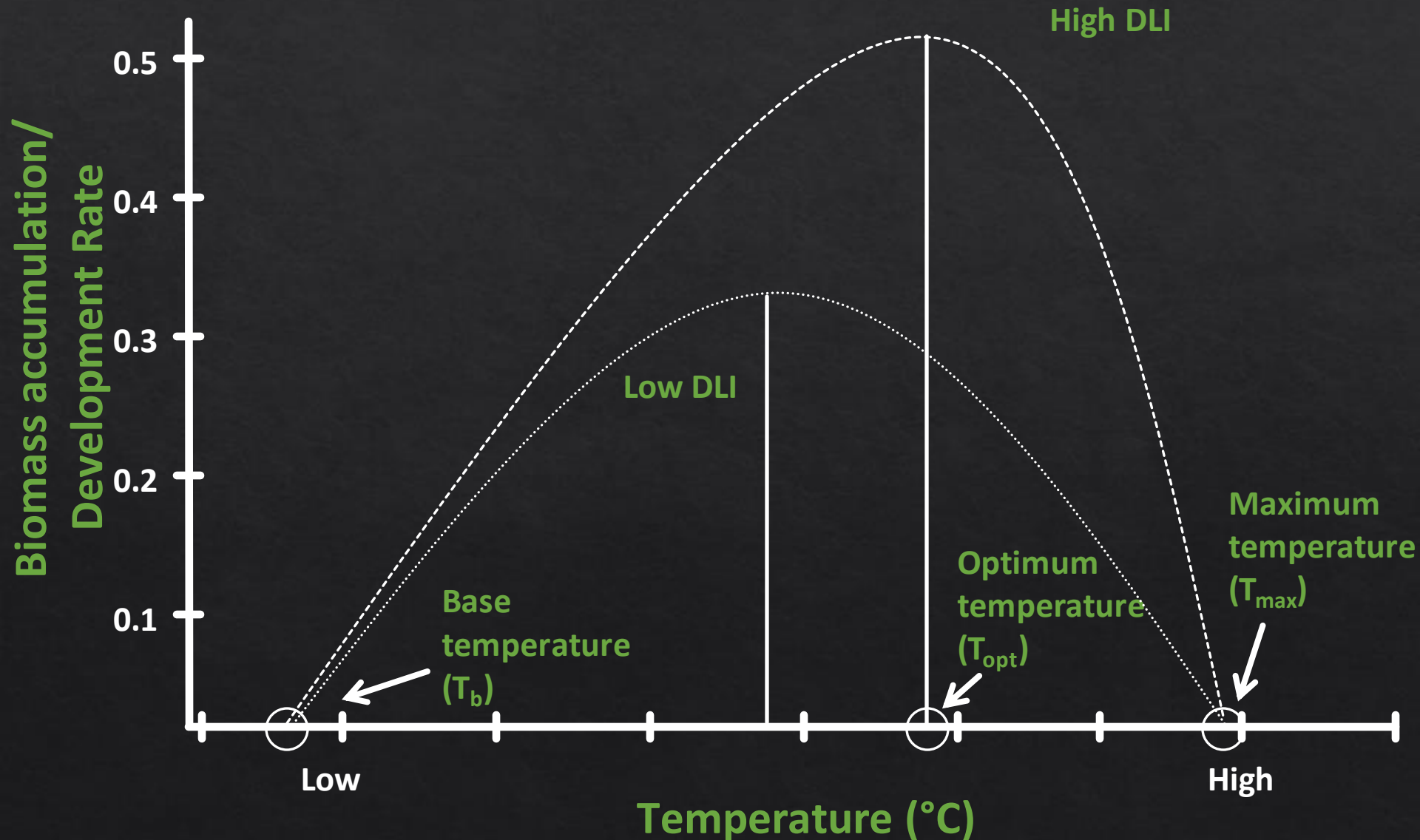


Chamomile

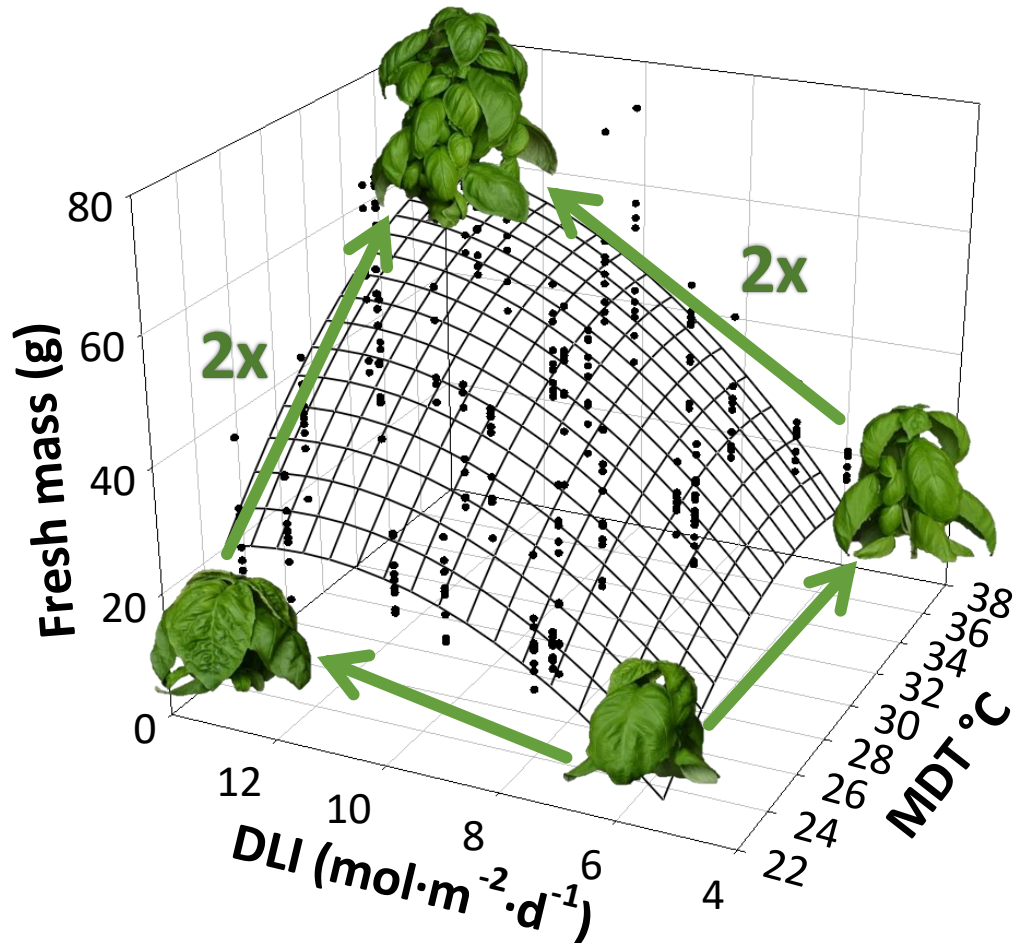


(Currey, Walters, Smith, unpublished)

# Temperature Response Curve



# Sweet Basil 'Nufar' Fresh Mass (g)

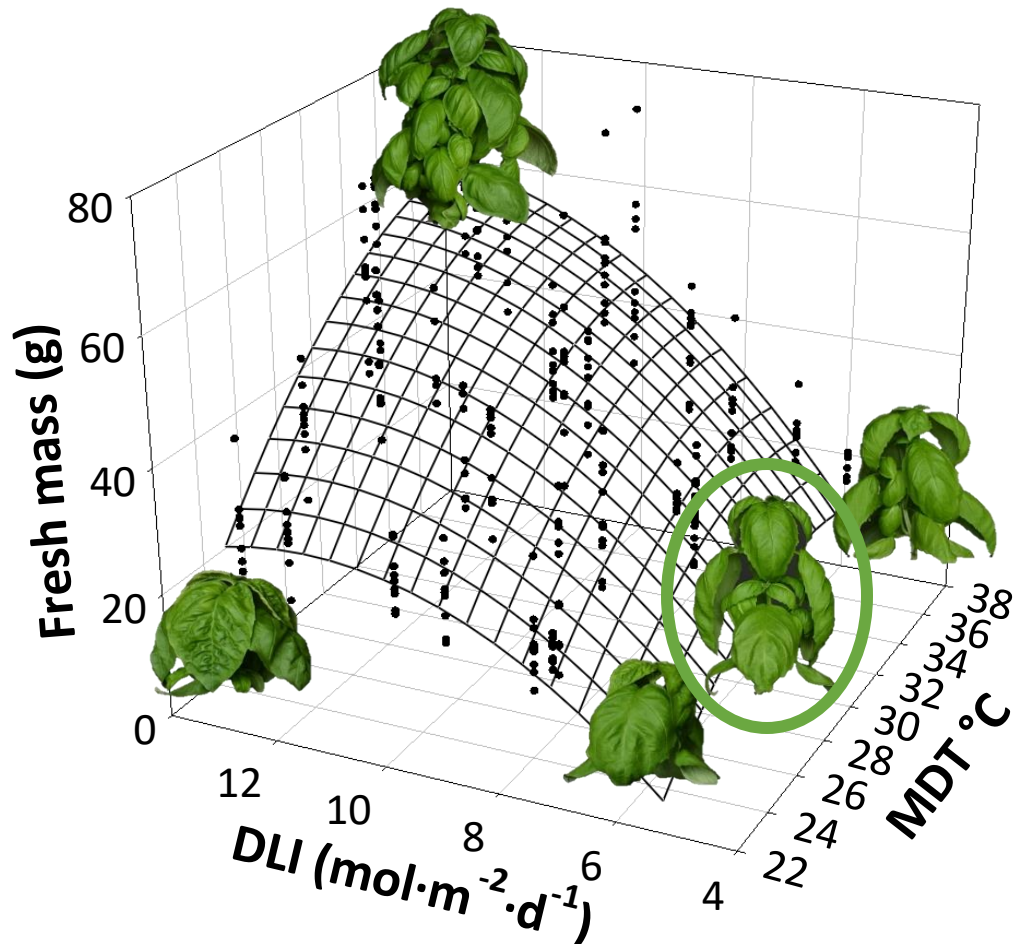


$$f = -223.14 + 11.46*MDT + 11.08*DLI - 0.196*MDT^2 - 0.692*DLI^2 + 0.222*MDT*DLI$$

R<sup>2</sup> = (Walters and Lopez, 2022)

0.632

# Sweet Basil 'Nufar' Fresh Mass (g)



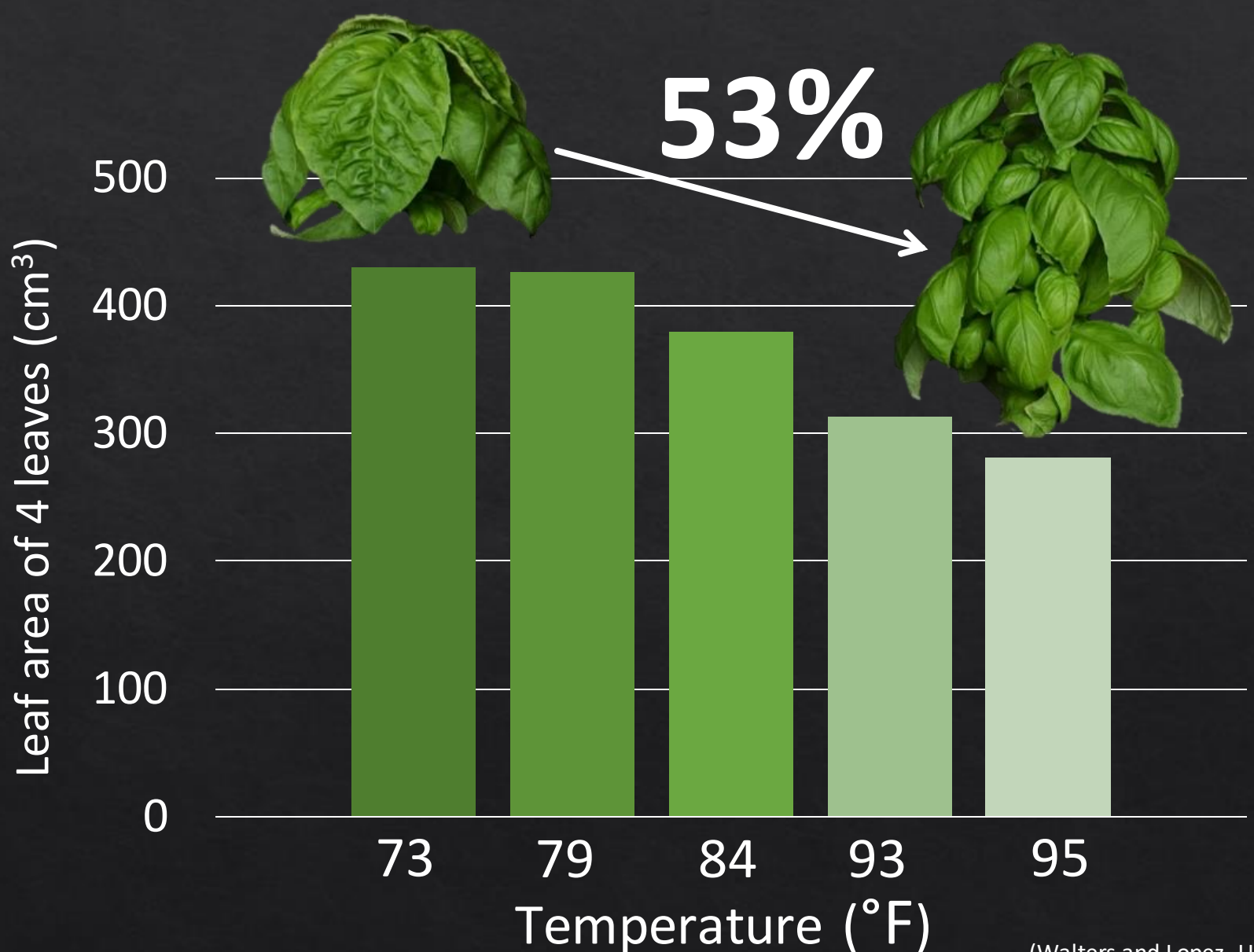
$$f = -223.14 + 11.46*MDT + 11.08*DLI - 0.196*MDT^2 - 0.692*DLI^2 + 0.222*MDT*DLI$$

R<sup>2</sup> = (Walters and Lopez, 2022)

0.632



# Leaf Area



(Walters and Lopez, Unpublished)

A large, white, stylized question mark is centered on a dark, textured background. The background consists of several overlapping, dark-colored leaves, possibly from a tree, with visible veins and some small holes or damage. The lighting is low, creating a moody and mysterious atmosphere. The question mark is the primary focus, standing out sharply against the dark, organic textures.

?

# Purple Basil 'Dark Opal'

4 weeks after transplant

Temperature (°F)

73

95

DLI ( $\text{mol}\cdot\text{m}^2\cdot\text{d}^{-1}$ )

18

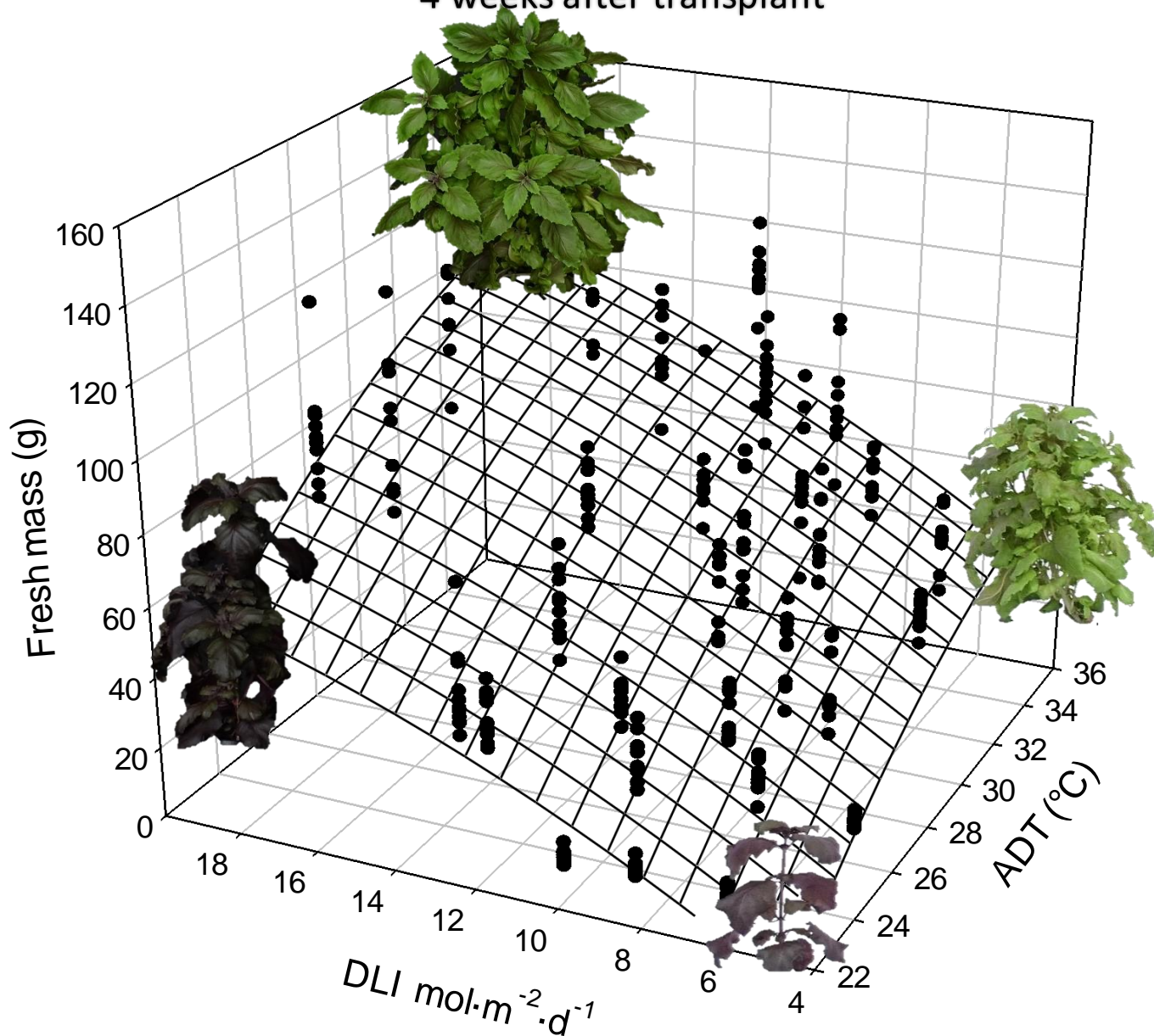


6



# Purple Basil 'Dark Opal'

4 weeks after transplant



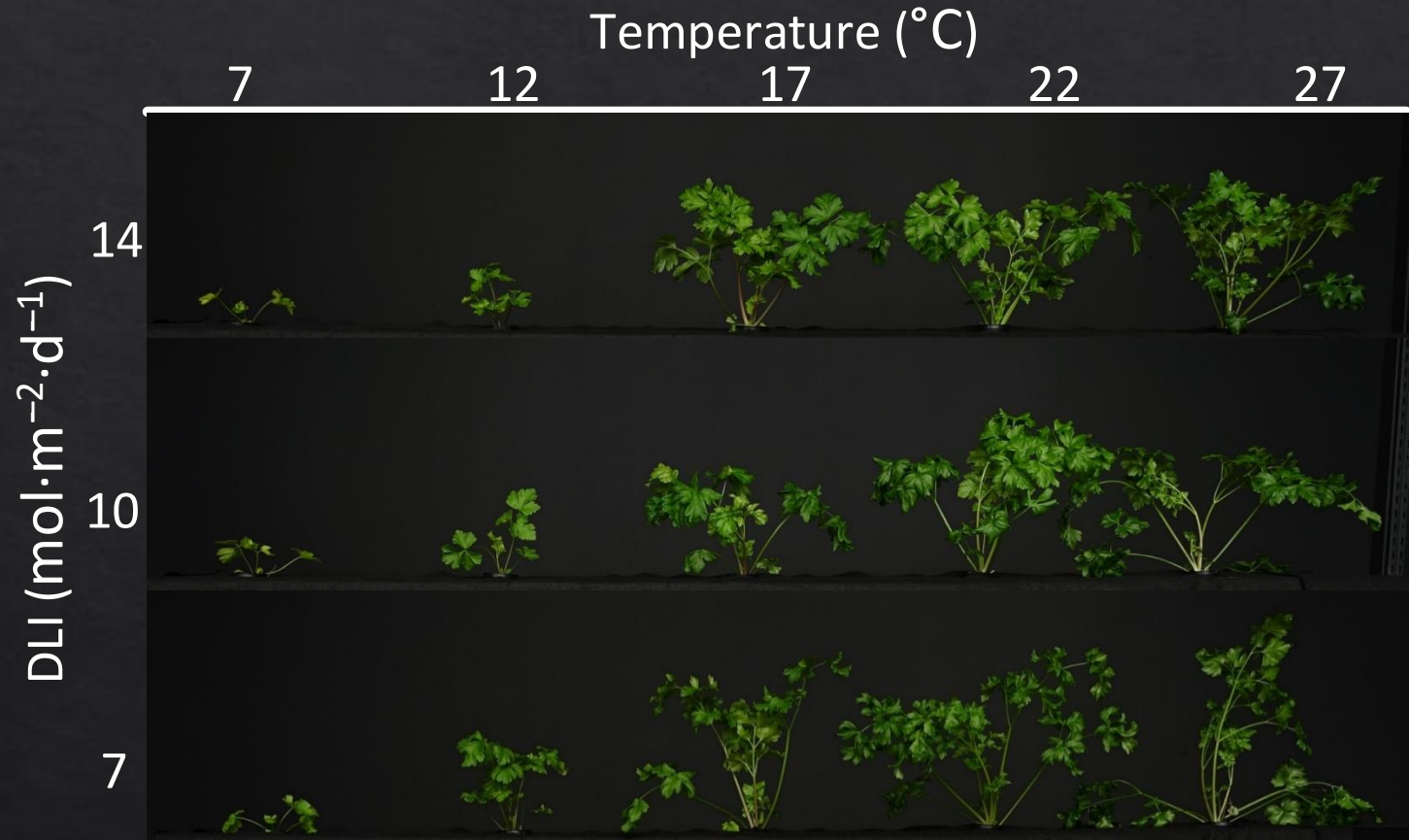
R<sup>2</sup> = 0.79

$f = -10.13 + 0.149 * MDT + 0.0446 * DLI - 0.0745 * DLI^2 + 0.0701 * MDT * DLI$  NOTE: not the equation for this graph

(Walters and Lopez, Unpublished)

# Parsley 'Giant of Italy'

4 weeks after transplant

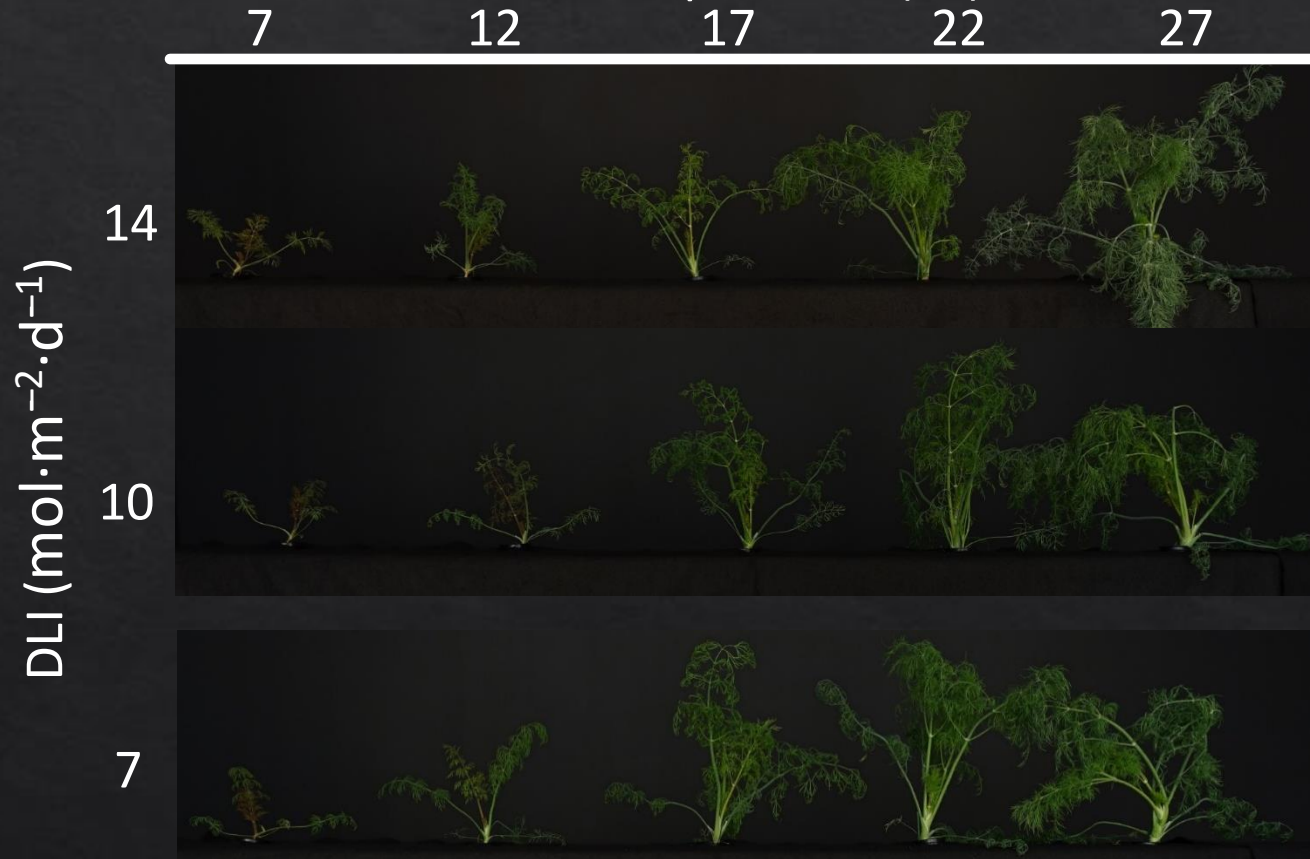


(Walters and Lopez, 2021)

# Dill 'Bouquet'

3 weeks after transplant

Temperature (°C)



(Walters and Lopez, 2021)

# Watercress

2 weeks after transplant

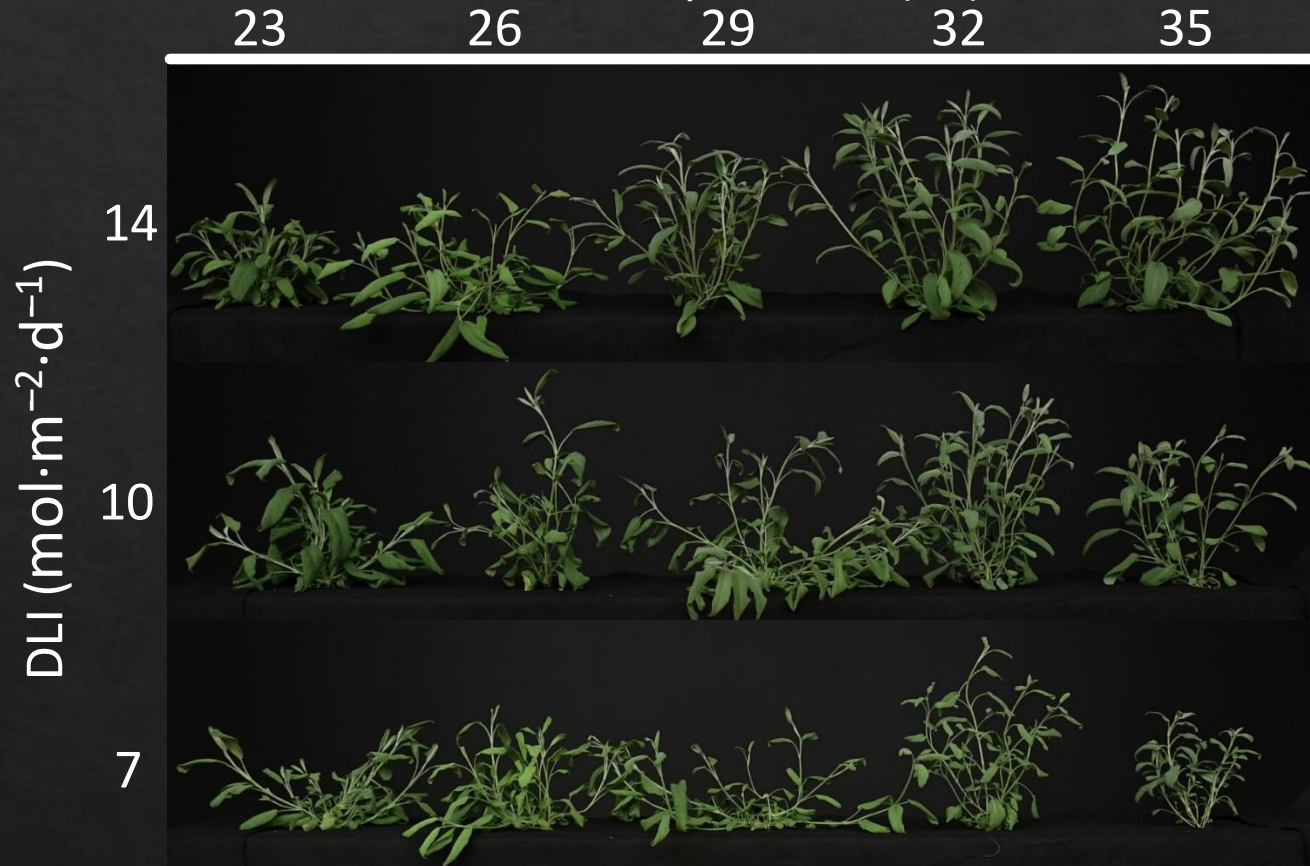


(Walters and Lopez, 2021)

# Sage 'Extrakta'

5 weeks after transplant

Temperature (°C)

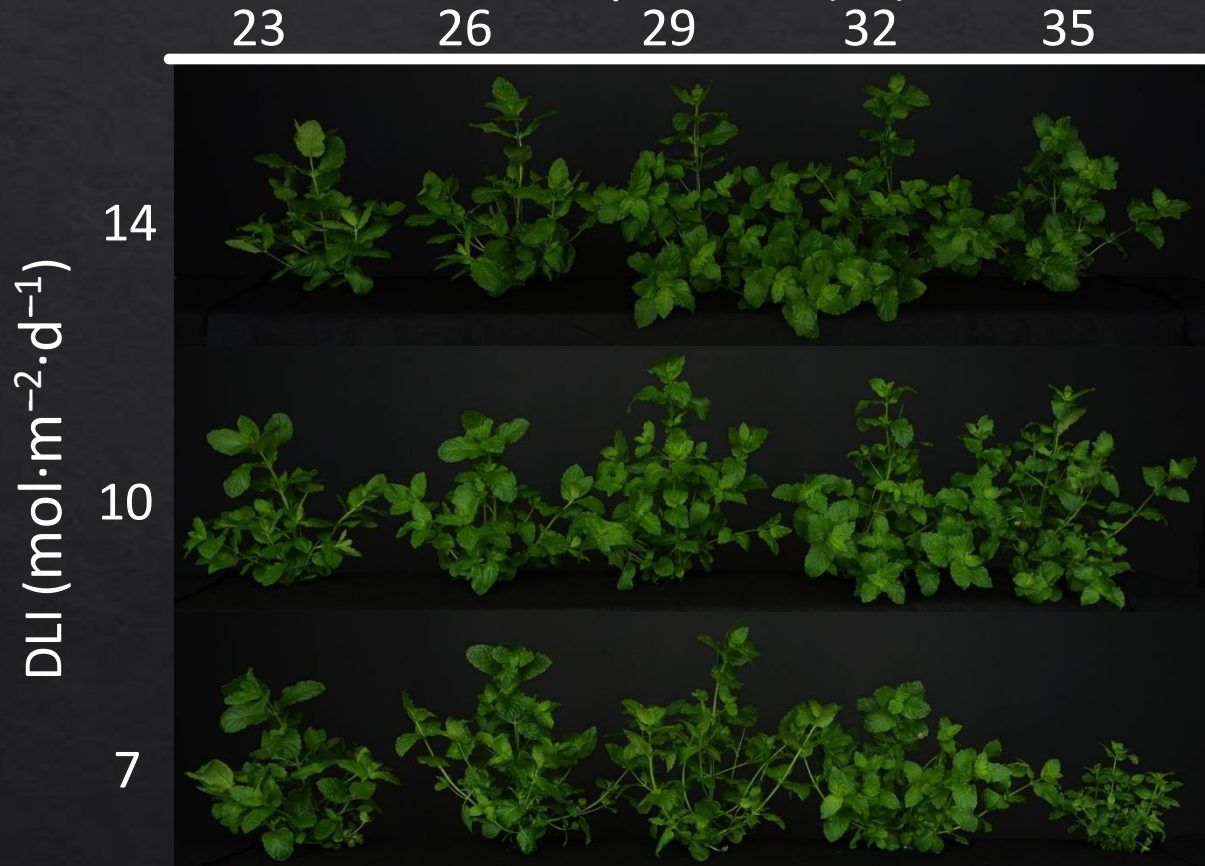


(Walters and Lopez,  
Unpublished)



# Spearmint 'Spanish'

3 weeks after transplant  
Temperature (°C)

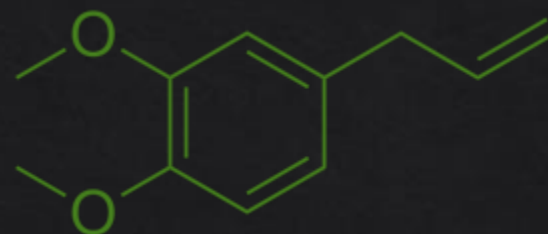
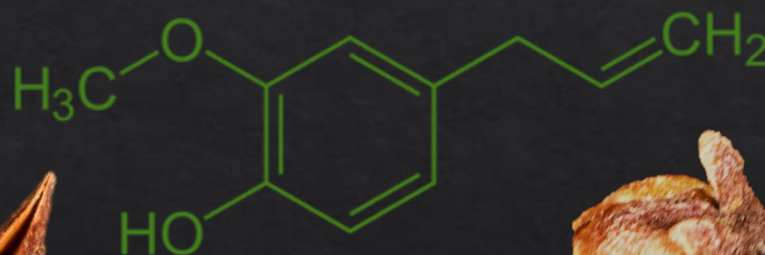
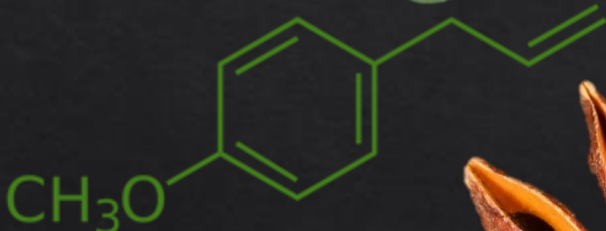
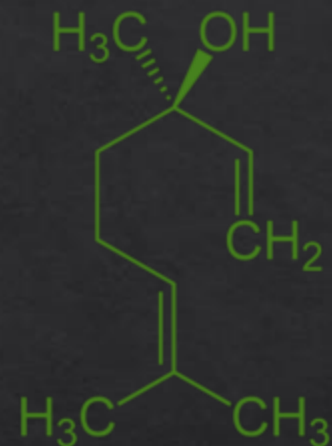
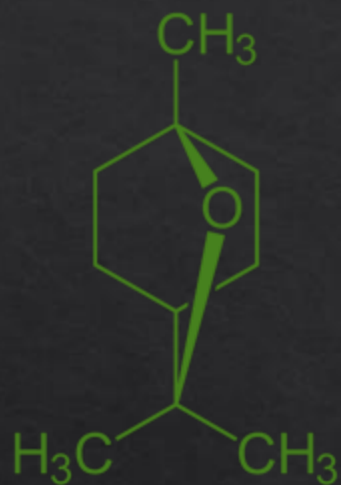


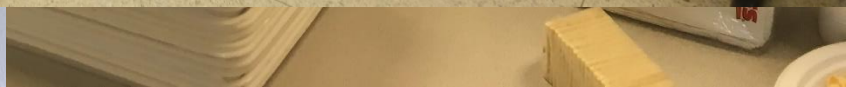
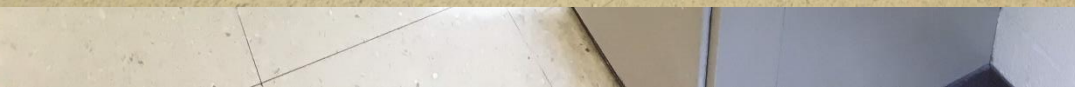
(Walters and Lopez,  
Unpublished)

A dark, close-up photograph of a hand holding a lit cigar. The hand is positioned in the center, with the fingers gripping the cigar. The cigar is lit, and a small amount of smoke is visible. The background is dark and out of focus, showing the texture of the hand and the cigar. The text "What about flavor?" is overlaid in white, centered on the image.

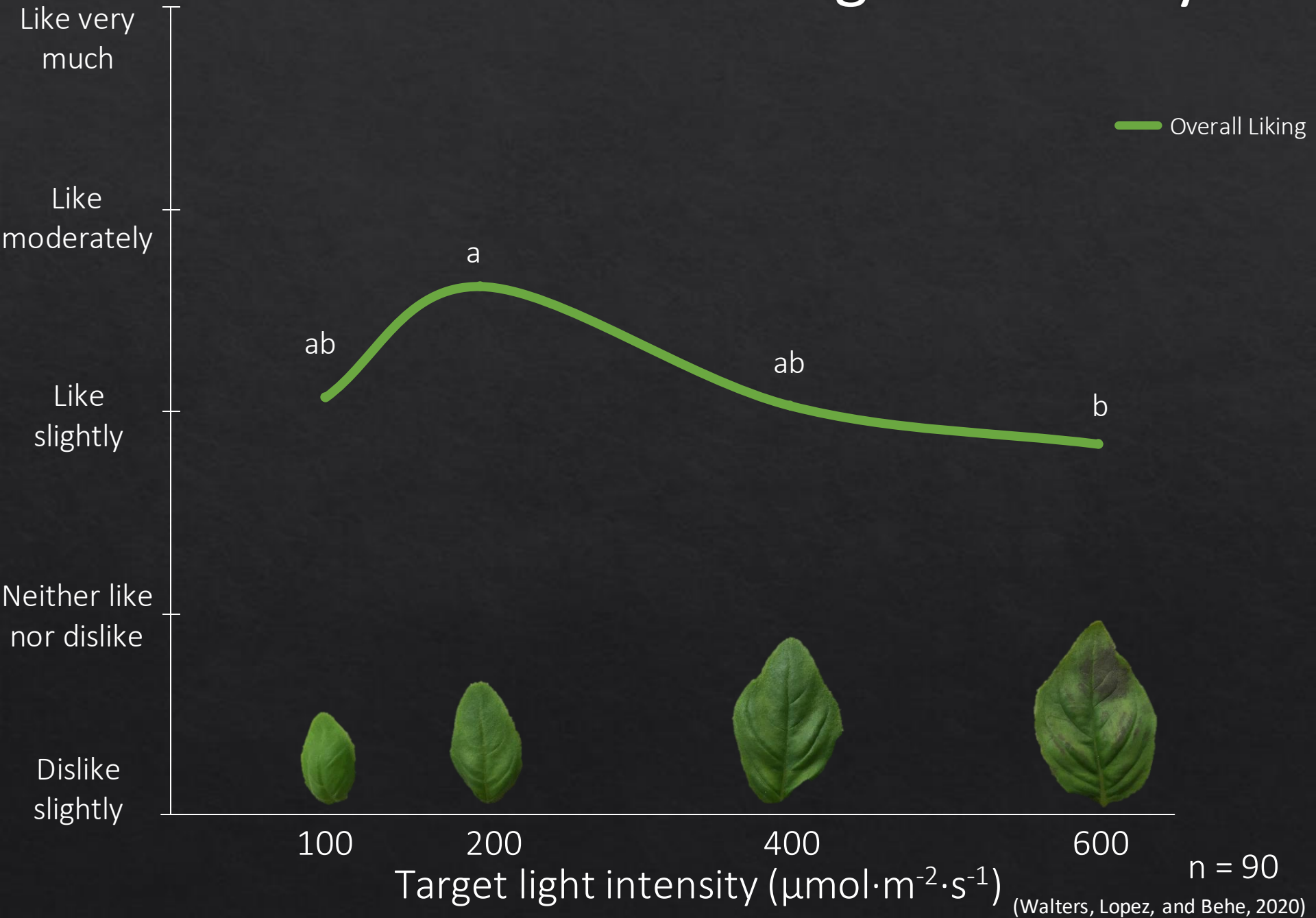
What about flavor?

# Compound concentrations change with changing environmental conditions

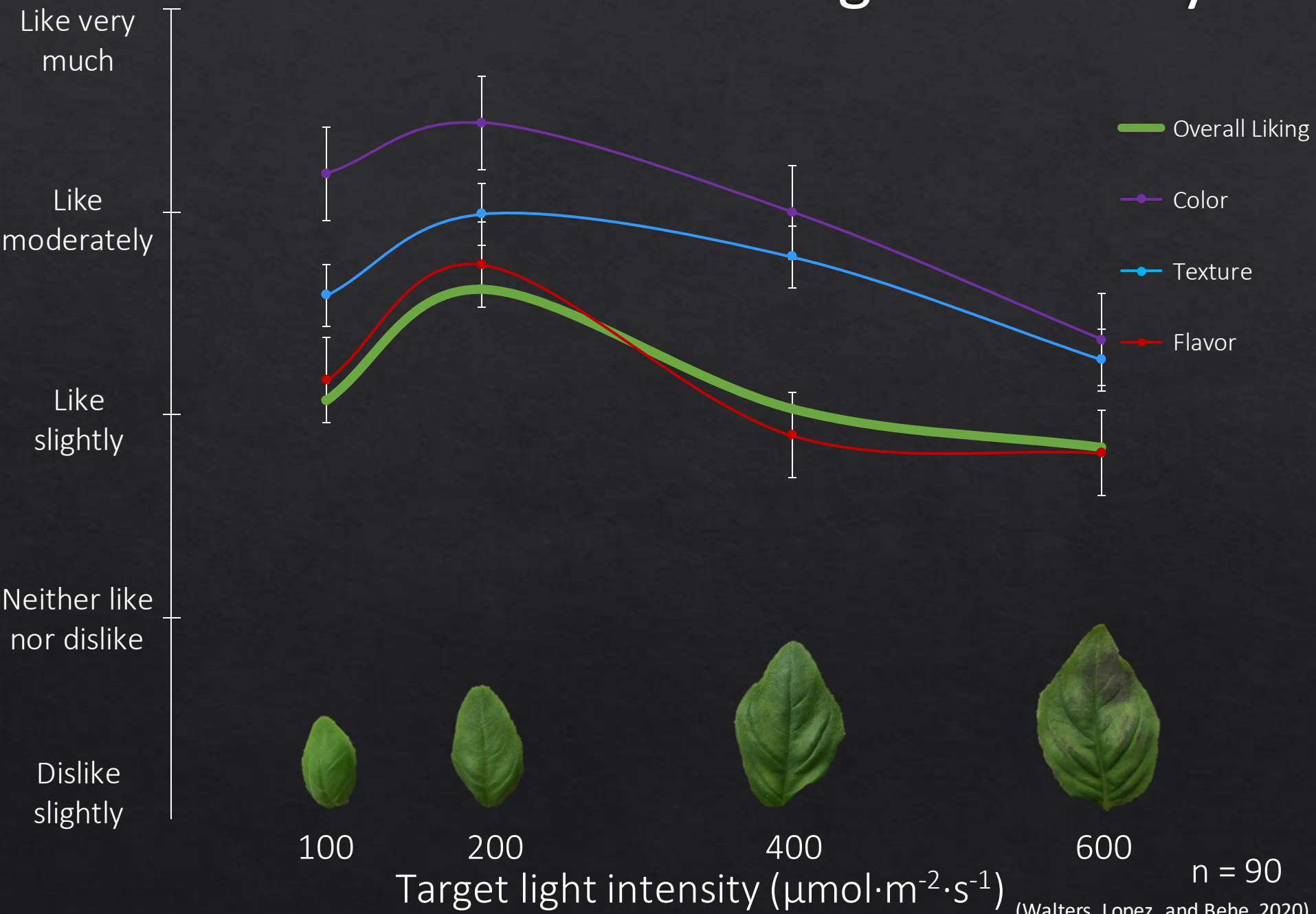




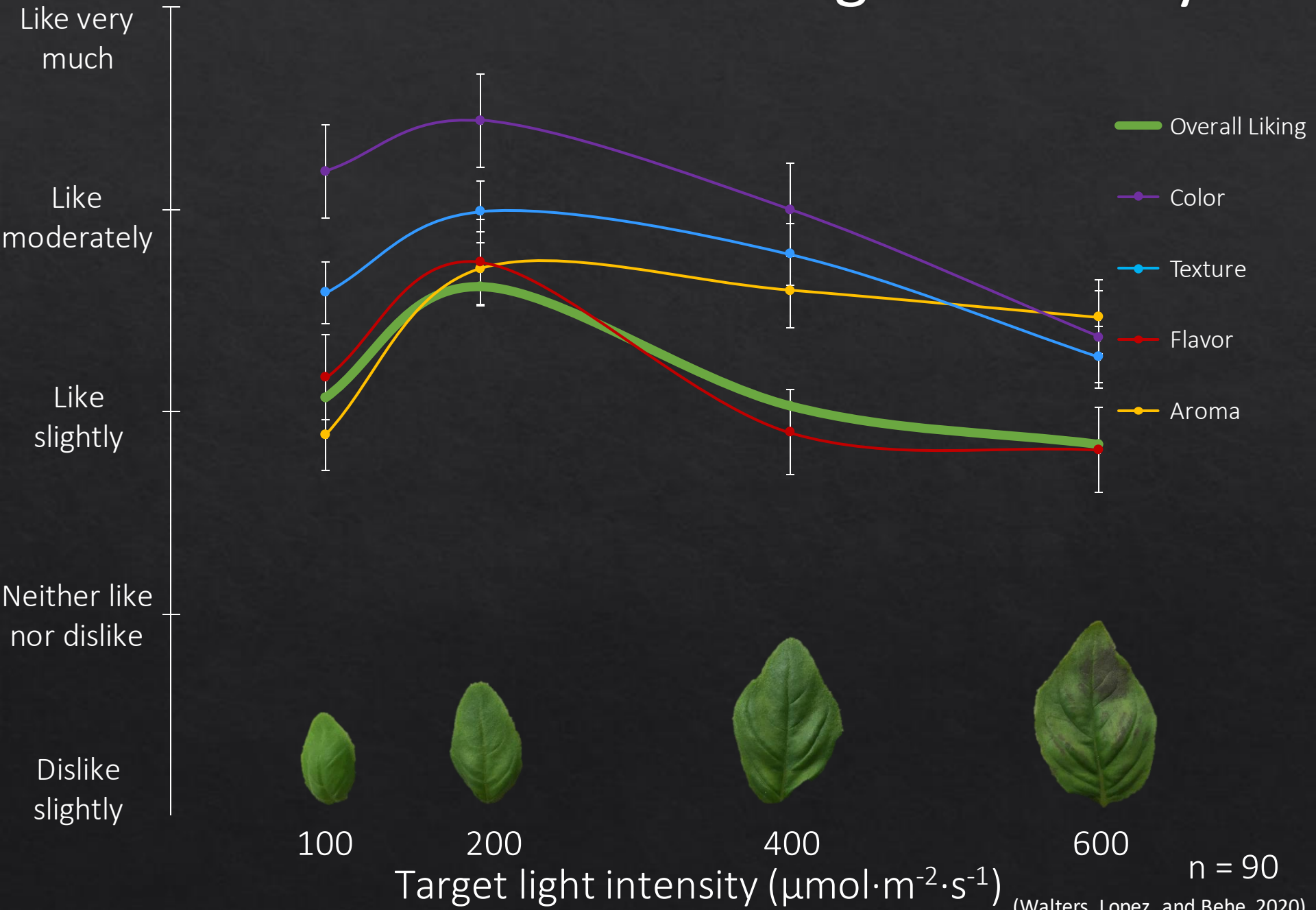
# Consumer Preference: Light Intensity



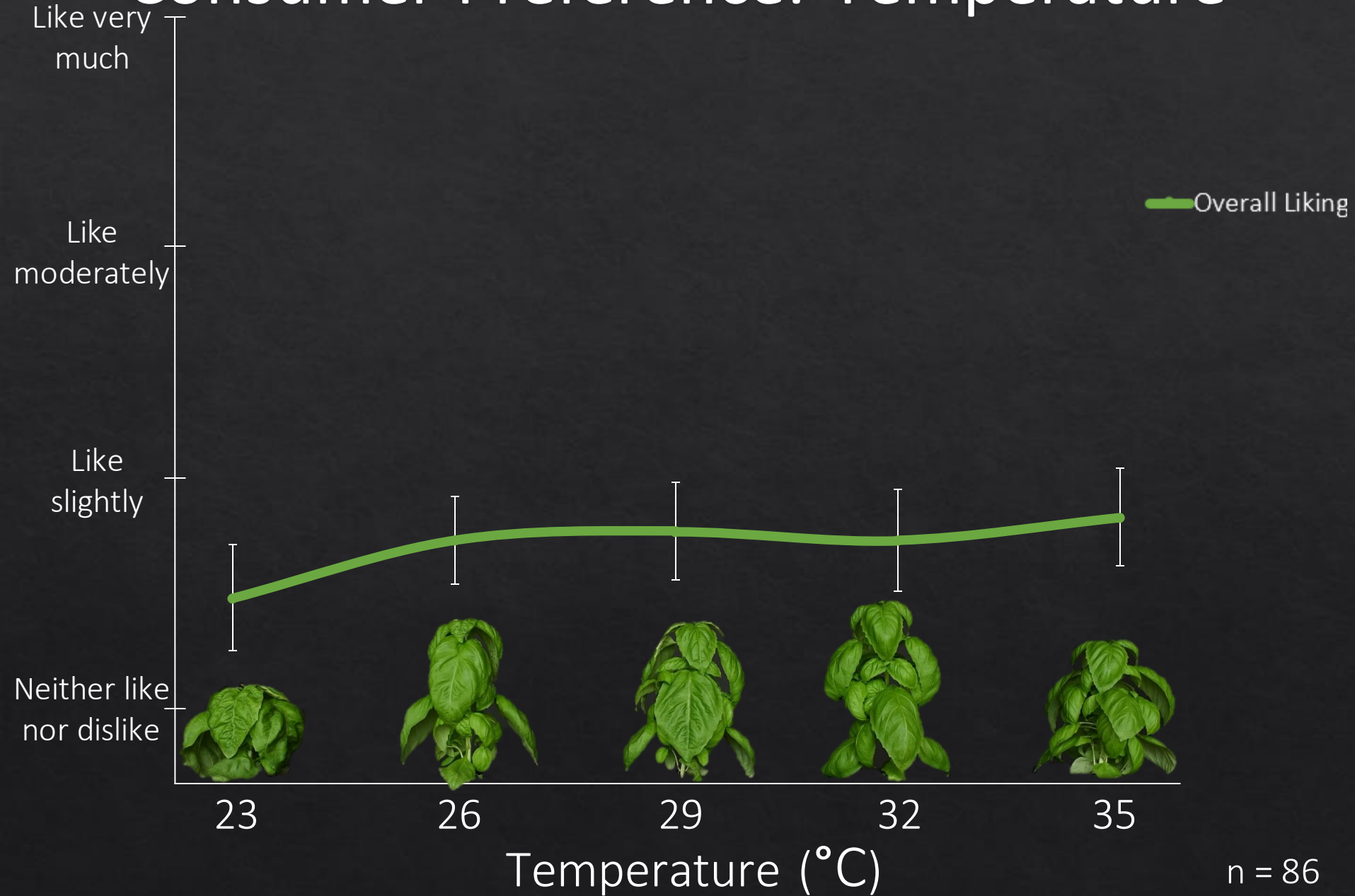
# Consumer Preference: Light Intensity



# Consumer Preference: Light Intensity



# Consumer Preference: Temperature

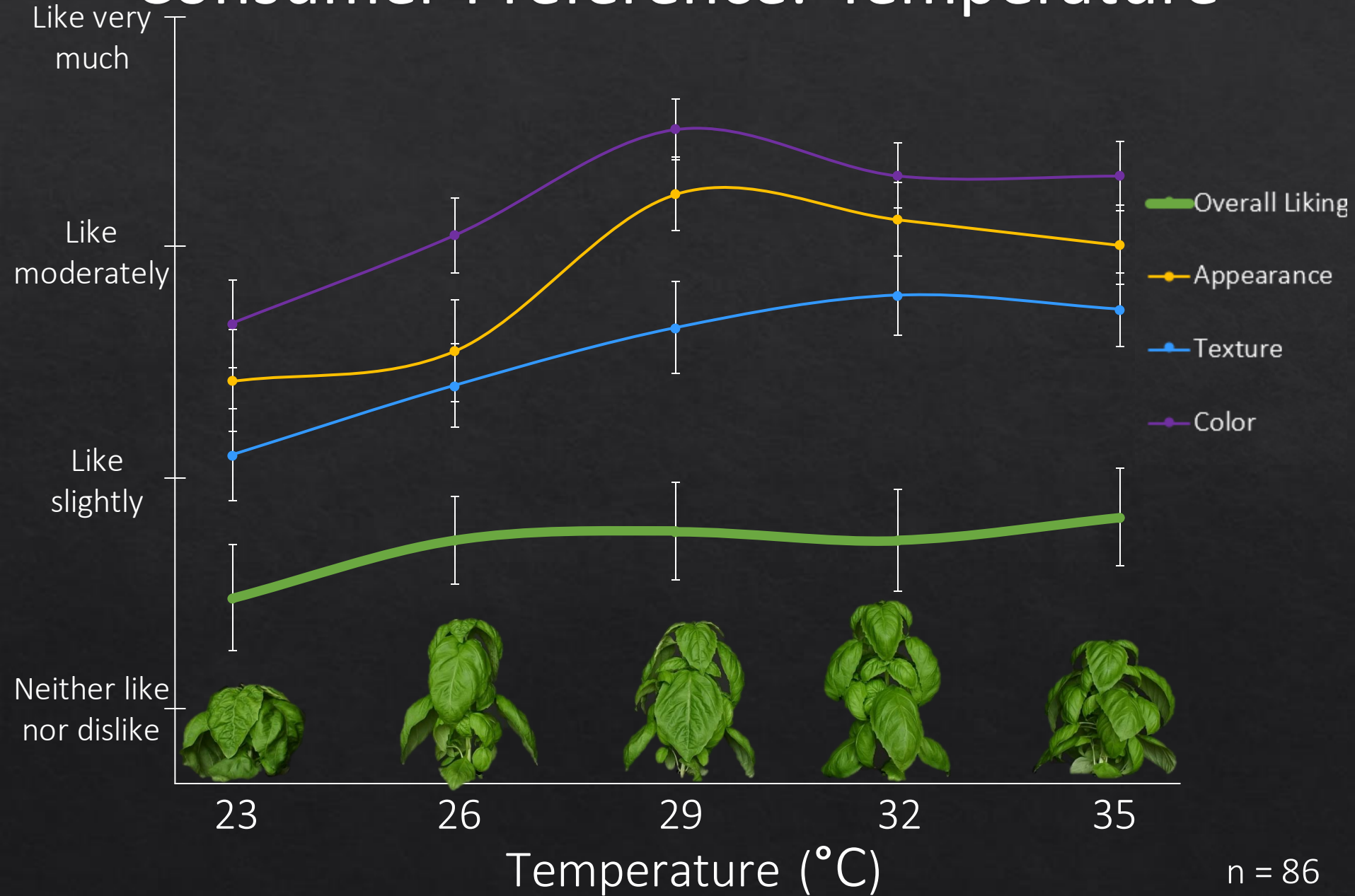


n = 86

(Walters and Lopez, 2022)



# Consumer Preference: Temperature



n = 86

(Walters and Lopez, 2022)

# Summary

- Keep production goals in mind
- Be conscious of cultivar differences
- Optimize the growing environment to increase yield
- Environmental changes alter color and flavor



# CEA HERB:

Controlled Environment Agriculture Herb Extension and Research Base

## 1. Marketing and Economics

- Increase the demand and marketability of culinary herbs through marketplace feasibility studies of different production, sensory, and marketing characteristics.

## 2. Production, Post-harvest, Food Safety, and Plant Protection

- Increase and optimize herb growth, yield, disease management, and post-harvest quality through CE environmental and cultural control and develop CE curricula related to food safety.

## 3. Engage Stakeholders

- Develop new profitable and sustainable CE herb grower resources, protocols, and tools that lead to high-quality, safe-to-eat, flavorful, and nutritious herbs with an extended shelf-life.



MICHIGAN STATE  
UNIVERSITY



THE UNIVERSITY OF  
TENNESSEE  
KNOXVILLE



IOWA STATE  
UNIVERSITY



NC STATE  
UNIVERSITY



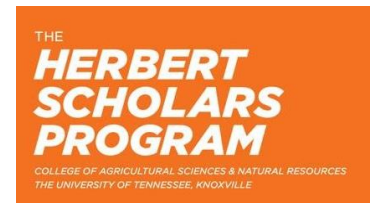
TEXAS TECH  
UNIVERSITY.



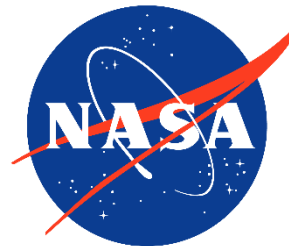
Agricultural  
Research  
Service

# Acknowledgements

Organizations that provide financial and in-kind support for UT controlled environment research including:



JR PETERS INC



DRAMM



# Acknowledgements

## Undergraduate Students

Maggie Whitington

Dustin Del Moro

William (Griff) Hagen

Kathleen Coffman

William Smith

Rose Dever

Yuka Kawata

Maddie Spradley

Saydie Hillis

Brian Dooly

Sarah Parker

Jessica Kurtis

Ethan Darby

Spencer Givens

Alex Renny

Dr. Chris Currey

Dr. Roberto Lopez



# Questions?



Kellie Walters

[waltersk@utk.edu](mailto:waltersk@utk.edu)

[kelliejwalters.com](http://kelliejwalters.com)

## LIGHTING



## Lighting basil SEEDLINGS

New research shows high-intensity sole-source lighting could increase harvestable yield of fresh-cut basil. Find out how in Part 4 of a series on leafy greens production.

By Kellie J. Walters and Roberto G. Lopez

In last article of a four-part series, researchers from Michigan State University share science-based information about indoor production of leafy greens and herbs. To read part one, two and three, visit [bit.ly/green-far-red-led-lighting](http://bit.ly/green-far-red-led-lighting), [bit.ly/green-blue-led-lighting](http://bit.ly/green-blue-led-lighting) and [bit.ly/cea-carbon-dioxide-injection](http://bit.ly/cea-carbon-dioxide-injection).

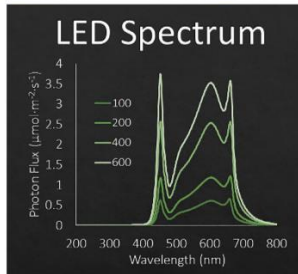


Fig. 1. The spectral distribution of Fluence Ray 66 Physio-Spec Indoor LEDs providing a light ratio (%) of 19:39:39:3 blue:green:far-red and target light intensities of 100, 200, 400 and 600  $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ .

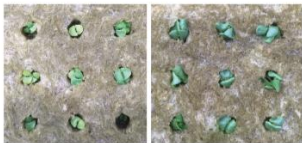


Fig. 2. Sweet basil 'Nufar' cotyledons grown under 100 (left) or 600  $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$  (right).



Fig. 3. Sweet basil 'Nufar' grown indoors under sole-source light intensities of 100, 200, 400 or 600  $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ , two weeks after sowing.



## TECHNOLOGY: RESEARCH

# Controlled environment agriculture (CEA) CARBON DIOXIDE INJECTION

Indoor production of leafy greens, **Part III:** Is carbon dioxide enrichment beneficial for indoor production of basil seedlings?

By Kellie J. Walters and Roberto G. Lopez

In this third article of a four-part series, researchers from Michigan State University share science-based information about indoor production of leafy greens and herbs. To read part one, visit [bit.ly/green-far-red-led-lighting](http://bit.ly/green-far-red-led-lighting). To read part two, visit [bit.ly/green-blue-led-lighting](http://bit.ly/green-blue-led-lighting).



Indoor vertical production of basil seedling under sole-source light-emitting diodes (LED)

PHOTO: ROBERTO G. LOPEZ